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Legacy Lines

A Newsletter for Families

June 2020



Thoughts from your Legacy Team...

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Let's Celebrate

First Day of Summer

Saturday, June 20th

Father's Day

Sunday, June 21st



June Class Themes of the Month



Dreamers ~ Theme: Dreamers in Never Never Land

Our rhyme of the month is Hey Diddle Diddle, which will delight all. Grab your rattles, bears, and dolls, we're going on a picnic and waiting for you! We'll delight in Father's Day while coming up with special ways to honor our daddies. With lots of imitating and pretending, we continue to guide the school-home learning connection. Outdoor play, projects, movement, we cover it all.



Travelers ~ Theme: A Visit to Wonderland

Grab your magic wand and get ready for a grand month! The children will enjoy the characters and fantasy to explore fairy tale favorites. The children will explore initiative, learn to distinguish "me" from others and explore how things are the same or different. These and so many other key experiences will support your child's early learning adventures in our Traveler's classroom.



Adventurers ~ Theme: A Visit to Mother Goose Land

This is going to be a great month in the Adventurers classroom. Key experiences include early quantities and numbers, communication and language, and, of course, plentiful movement and music. A focus on listening skills will ensure your little ones utilize those skills as best they can—an important lesson of perseverance that will carry them through their entire lives.



Discoverers ~ Theme: A Visit to the Hundred Acre Wood

Characters will provide art, music, language, and literacy along with games and super snacks. We'll make time for camping out and learning about woodland animals. Children will enjoy naptime in sleeping bags and snacks that typically go along with a camp out. What did you do in summertime when you were three? We hope it was at least half this fun!



Voyagers ~ Theme: Through the Looking Glass

Your child's classroom is "buzzing" with summertime fun. With opportunities to investigate ants, mosquitoes, fireflies, and other creatures, children will develop an awareness of insect characteristics. They will also enjoy acting out fairy tales while planning a "Little Theatre" so they can dramatize the stories read to them in addition to learning about the American flag and Father's Day.



Explorers ~ Theme: The Magnificent World of Legacy

Campers will go on an adventure to explore the magic of movie making, learn about the animation process, and even make their own movies! They will journey through a world of jungles, islands, and oceans to discover the beauty of nature and other cultures. Their wildest imaginations will come alive as they become designers, engineers, and entrepreneurs in a world of their own fantasy and creation.

June

Dreamers



Math- This month, children will be exposed to colors and shapes as they go on a treasure hunt for shapes and explore Never Never Land!

Science- Dreamers will use their sense of hearing with Tinker Bells. They will explore with their sense of sight as they see all the sights on the way to Never Never land.

Social Studies- June's Social Studies Enhanced Learning lessons will help children with self-recognition and they will practice sharing with friends.

Travelers



Math- This month, the Jr. Toddlers will work on color recognition as they help the White Rabbit make his very important date on time!

Science- Toddlers will join Alice for a sensory tea party to explore liquids versus solids.

Social Studies- Jr. Toddlers will learn about the differences between school and home and work and home for their parents. They will also learn about mothers and babies in the animal kingdom.

Adventurers



Math- Adventurers will work one-to-one correspondence as they help Jack and Jill up the Hill. They will work on shape recognition as they help Little Bo Peep find her Shape Sheep!

Science- Sr. Toddlers will learn about their ears and their functions and they will try to help Humpty Dumpty stay on the wall by building the strongest foundation.

Social Studies- Adventurers will explore different family roles and learn about different family structures. They will also learn about traffic lights and why they are so important.

Discoverers



Math- Discoverers will join Pooh as they hunt for different amounts of honey pots. They will also work on their counting skills as they count the trees in the Hundred Acre Wood.

Science- 3-year olds will learn about living versus non-living things as they explore the Hundred Acre Wood. They will also use their senses to explore honey's characteristics.

Social Studies- This month, Discoverers will learn about the importance of taking care of the Earth and learn about different family roles and structures.

Voyagers



Math- Voyagers will work on shape and number recognition and differentiation as they look for both through the Looking Glass! They will also strengthen their pattern making skills as they create Queen of Hearts Patterns.

Science- 4-year olds will become scientists as they explore and record their findings on a nature walk. They will also use their scientist skills to make a hypothesis about the outcomes of science experiments.

Social Studies- This month, Voyagers will learn to identify the planet, country, and state they live in. They will go to a Job Fair to learn about different professions and try to figure out what they want to be when they grow up.

Supporting Children During COVID-19

All children will experience challenges of varying degrees, especially right now. Jerry Bubrick, PhD, a clinical psychologist at the Child Mind Institute says, "Our job as parents isn't to provide certainty in a time of uncertainty. Our job is to help kids tolerate the uncertainty." Here are some ways to help children navigate this uncertainty.

Maintain Routines

Keeping a regular schedule is the foundation of children's development. Children benefit from knowing what's going to happen and when. Whenever possible, try to ensure that children have some structure in their day. For example, waking up, eating, and going to sleep around the same time every day. It may be helpful to create a schedule with pictures and review it as a family each morning. Throughout the day, include cues to prepare children for transitions. For example, "Lunch will be ready in 5 minutes. We will pack up our toys and sit at the table when the timer goes off." In the classroom environment, your child has a set schedule for activities such as eating, reading, napping, art, etc. Try to stay as consistent with this routine as possible when you are home with your child, whether it is during the week or on the weekend.

Keep it Fun

Incorporate new activities to keep the home environment engaging. If you can, incorporate activities to help everyone safely remain active like taking a walk, a bike ride, or doing yoga. David Anderson, PhD, recommends brainstorming ways to "go back to the 80s". "I've been asking parents to think about their favorite activities at summer camp or at home before screens," he says. "They often then generate lists of arts and crafts activities, science projects, imaginary games, musical activities, board games, household projects, etc." Incorporate activities such as these in your home. As you're planning, remember to allow flexibility in expectations because children learn best through play in a stress-free environment.

Keep Children in the Loop (But Keep it Simple)

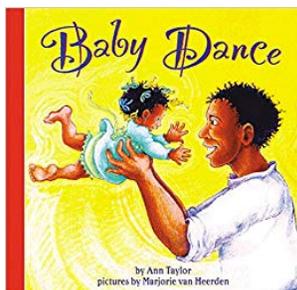
Discuss with children about what is happening in the world in a clear, reasonable way. It is beneficial to provide children with information, but be mindful about what kind of information is shared with them. Consider your child's age in order to gauge what information will benefit them. In certain situations, it may not be beneficial to volunteer certain information that could potentially worry or alarm children.

Manage Your Own Anxiety

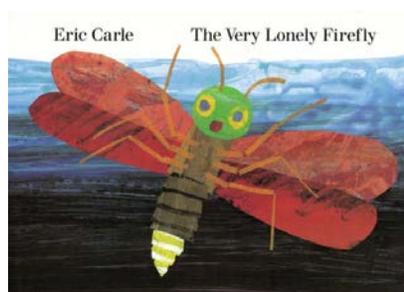
Rapid and dramatic changes can cause stress in our lives. Children will learn how to manage their own emotions more effectively when they are able to observe positive emotional regulation. Setting a positive example for managing emotions can help your whole family navigate their own anxieties as easily as possible. Use the coping tools that work best for you to ensure children observe strong emotions managed in a prosocial way. When it comes to news, stay informed as best you can, but it may be helpful to limit news and social media consumption around topics that may make you anxious.

Over all else, it is important to stay calm, confident, and healthy to best care for your children.

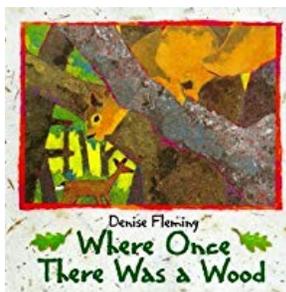
June Books



Baby Dance
By: Ann Taylor



The Very Lonely Firefly
By: Eric Carle

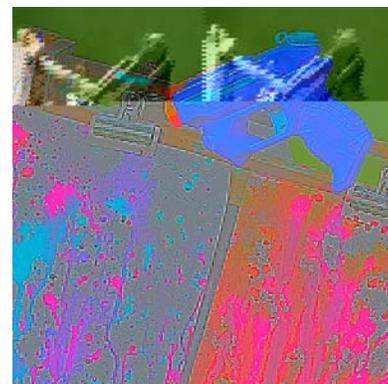


Where Once There Was a Wood
By: Denise Fleming

Spray Bottle Painting

Supplies

Spray Bottle or
Water Gun
Water
Paint
Large Paper



Directions

1. Mix paint and water in spray bottles or water guns with as many colors as you would like. Lighter and brighter colors tend to work better.
2. Hang the Paper on an easel, fence, or tree. If you choose to hang the paper on a fence, be sure you use washable paint because this can get messy!
3. Paint! Encourage your child to spray designs on their paper.

Extend the activity by experimenting with different paint textures such as thick or thin paint. Ask your child what mixture they think will spray out of the bottle the best ★ Ask your child what colors they will make by mixing the paint ★ While your child is painting, prompt them by saying, "tell me about what you're making" ★ Experiment with the spray bottles. What does the painting look like when you stand further away from the paper? What about closer?

Picture and activity from: <https://www.firefliesandmudpies.com/squirt-gun-painting/>